



ERGONOMIC FACTORS OF RISK IN REGIONAL HOSPITAL VILLAHERMOSA.

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Key word: Ergonomics in Hospitals

Introduction: at the moment the national normativity allows us to make preventive actions in the work to conserve the health of our workers, but to date there is no a normativity for the ergonomic factors which every time represent a high risk in the daily activities of the workers, this also appears in the Hospitals.

Objective:

To carry out an initial diagnosis of the present ergonomic factors of risk in the diverse categories of the departments of the Regional Hospital Villahermosa, Tab, which will allow to hierarchize those categories to which it will have to carry out to it them an ergonomic but deep study.

Boundary: 11 categories of 27 studied solely the 27 that exist in the Regional Hospital of Villahermosa de Mexican Petróleums.

Material and Methods:

By means of one it interviews to the personnel involved in each one of the activities of the diverse categories of the departments, in addition to direct observation when taking place the same ones, a verification list fills

That it involves 3 variables with its respective qualification:

Never: it is described with 0

Occasional: it is described with 1

Frequent: it is described with 2

Same that is grouped in 4 components according to the factors of following risks

I. - main factors of risk for low backache

II. - factors of risk in the accomplishment of efforts yet the body.

III. - risk factors that mainly affect the superior extremity and neck

IV. - factors of risk relative to the use of calculation terminals and environmental conditions in general

Results:

11 departments of the Regional Hospital from operative to administrative with a total of 55 categories studied, demonstrating that the areas with greater score for ergonomic factors of the 4 components are those of: Intensive therapy, followed rehabilitation and operating room of the maintenance areas and cook.

Conclusions:

Once analyzed the results we can to make deeper studies from the ergonomic point of view in the departments of intensive Therapy, operating room, rehabilitation, but without leaving of side urgencies, maintenance and cooks, in addition we must of being more exhaustive in the prevention by use of PC screens since other 6 departments in independent form obtained high scores.